

Suggested Gear List

- Knife
- First Aid Kit
- Hiking Shoes
- Sport Sandals
- Wool Socks
- Shorts / Quick Dry Best
- Long Pants / Poly Quick Dry (not 100% cotton)
- T-shirt
- Bandana
- Hat with Brim for Sun and Rain
- Wool or Fleece Hat
- Wool or Fleece Gloves
- Rain Gear
- Long Sleeve Shirt
- Swimwear
- Towel
- Flashlight / Headlamp (works best)
- Fleece
- Water Bottles
- Insect Repellent
- Sunscreen / Chapstick
- Binoculars
- Fishing Gear
- Whistle
- Compass / Map
- Permits (when necessary)
- Medical Needs
- Toothbrush / Paste
- Biodegradable Soap
- Toilet Paper
- Book
- Wet Ones